

### **The Bolster Burney: Journey from burrow to meadows**

Once upon a time, in a lush meadow, there lived a rabbit named Burney. Burney was a timid rabbit, afraid of his surroundings and the creatures that inhabited them. He feared the rustling of leaves, the chirping of birds, and even the gentle breeze. His greatest fear, however, was people.

Burney's wariness of humans stemmed from a traumatic experience when he was just a kit. A loud, sudden noise from a passing car had sent him scurrying for cover, leaving him shaken. From that day on, he avoided any area where humans might be present.

As a result, Burney's life was limited. He stuck to the safety of his burrow, rarely venturing out to explore or socialize with other rabbits. His fear had become a prison, confining him to a small, lonely world.

One day, a wise old badger named Bertha moved into the meadow. She noticed Burney's isolation and decided to help him overcome his fears. Bertha began visiting Burney in his burrow, sharing stories of her own adventures and the wonders of the meadow.

At first, Burney was skeptical, but Bertha's kindness and patience slowly gained his trust. She encouraged him to take small steps outside his comfort zone, starting with short walks in the early morning when the meadow was quiet.

Burney hesitated at first, but with Bertha by his side, he began to explore. They discovered hidden streams, colorful wildflowers, and even made friends with a few curious squirrels.

As Burney's confidence grew, Bertha introduced him to other creatures, including a gentle deer named Daisy. Daisy's calm nature and soft voice helped Burney feel more at ease around larger animals.

The next step was confronting Burney's fear of humans. Bertha had an idea. She took Burney to a nearby garden, where a kind old man tended to the flowers. The old man, noticing Burney's fear, moved slowly and spoke softly, offering fresh vegetables as a peace offering.

Burney was hesitant at first, but the old man's gentle nature put him at ease. Over time, Burney grew to trust the old man, even enjoying his company.

With each small victory, Burney's fear began to fade. He realized that the meadow was full of wonders, and the creatures that inhabited it were not something to be feared, but rather something to be appreciated.

Burney's transformation was remarkable. He became a confident, curious rabbit, exploring every corner of the meadow and making friends along the way.

One day, Burney thanked Bertha for her help. "You showed me that my fears were not walls, but doors to new experiences," he said.

Bertha smiled, proud of Burney's progress. "You were always brave, Burney. I just helped you see it."

From that day on, Burney lived a life full of wonder, free from the prison of his fears. He proved that even the smallest creatures can overcome their weaknesses and thrive in a world full of beauty and surprise.